

## **Australian Bush Flowers**

### **Alpine Mint Bush**

- Mental & emotional exhaustion in careers, lack of joy, weight of responsibility.
- + Revitalization, joy, renewal.

### **Angelsword**

- Spiritually “possessed”, interference with true spiritual connection.
- + Attaining spiritual truth/protection, access to gifts from past lifetimes, repairs whole energy field.

### **Autumn Leaves**

- Support for those who are dying.
- + Letting go and moving on at the point of death.

### **Banksia Robur**

- Loss of drive and enthusiasm.
- + Revitalizes enjoyment of and interest in life.

### **Bauhinia**

- Resistance to change, rigidity, annoyance.
- + Acceptance and open mindedness, embracing new concepts and ideas.

### **Billy Goat Plum**

- Sexual revulsion, loathing or disgust of an aspect of oneself.
- + Sexual pleasure, enjoyment; acceptance of one’s physical body.

### **Black-eyed Susan**

- Rushing, always on the go, impatient, always striving.
- + Slowing down, ability to turn inward and be still, inner peace.

### **Bluebell**

- Cut off from feelings, greed, and fear of lack.
- + Opens the heart, joy, sharing.

### **Boab**

- Taking on negative family thought patterns, repetition of past experiences.
- + Releases negative thought patterns and past negative actions within families - abuse, prejudice etc.

### **Boronia**

- Obsessive thoughts, pining for recently ended relationships.
- + Serenity, clarity of mind and thought.

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### **Bottlebrush**

- For going through and feeling overwhelmed by major life changes.
- + Bonding between mother and child, serenity, letting go.

### **Bush Fuchsia**

- Inability to balance the logical & rational with the intuitive and creative, switched off, ignoring gut feelings. Learning difficulties.
- + Allows one to integrate information, develops intuition.

### **Bush Gardenia**

- Taking for granted, unaware of others' needs, self-centeredness.
- + Renews interest in others, improves communication, passion.

### **Bush Iris**

- Fear of death, materialism, atheism, excessiveness.
- + Spiritual insights, understanding beyond the material/physical.

### **Christmas Bell**

- A sense of lack. Lack of abundance, feeling poor.
- + Helps one to manifest one's desired outcomes. Ability to give and receive, and to create abundance.

### **Crowea**

- Worrying, out of balance, feeling 'not quite right'. Poor digestion.
- + Balances and centers the individual.

### **Dagger Hakea**

- Resentment, bitterness towards close family, friends, lovers.
- + Forgiveness, open expression of feelings.

### **Dog Rose**

- Fearful, shy, insecure, apprehensive of others, niggling fears.
- + Confidence, courage, belief in self.

### **Dog Rose of the Wild Forces**

- Fear of loss of control, physical symptoms with no apparent cause.
- + Emotional balance, overcoming fear.

### **Five Corners**

- Low self-esteem, dislike of self, held in personality.
- + Love and acceptance of self, celebration of own beauty.

### **Flannel Flower**

- Dislike of being touched, lack of sensitivity especially in males.
- + Gentleness, sensitivity in touching, joy, trust, sensuality.

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### **Freshwater Mangrove**

- Closed mind due to learnt prejudices rather than experience.
- + Questioning of own beliefs, openness to new experiences.

### **Fringed Violet**

- Distress, shock, trauma, damage to aura, drained by others/situations.
- + Removes effects of past or present distress, psychic protection, heals and protects the aura.

### **Green Essence**

- Used to clear the system of yeast, mold and parasites.
- + Purifying. Use either topically, or internally, but not both.

### **Green Spider Orchid**

- Nightmares and phobias from past life experiences.
- + Attunement to nature, opening the psychic aspect, release of terrors and phobias.

### **Grey Spider Flower**

- Terror, panic, panic attacks.
- + Faith, calm and courage.

### **Gynea Lily**

- To help you stand straight and express your strength, also for those who tend to dominate and over-ride others.
- + Humility, letting go of control. Brings leadership with wisdom.

### **Hibbertia**

- Fanaticism, self-improvement/discipline/knowledge.
- + Acceptance of self and own innate knowledge.

### **Illawara Flame Tree**

- Sense of rejection, being left out, fear of responsibility.
- + Self-approval, self-reliance, confidence, inner strength.

### **Isopogon**

- Unable to learn from past experience, controlling personality. Stubborn.
- + Able to learn from past experiences, to remember the past. Flexibility.

### **Jacaranda**

- Scattered, changeable, dithering, aimless rushing.
- + Decisiveness, clear mindedness, quick thinking.

### **Kangaroo Paw**

- Socially immature, clumsy, gauche, insensitive to others' needs.
- + Relaxation, sensitivity, adaptable, enjoyment of people.

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### **Kapok Bush**

- Easily discouraged, resignation, apathy.
- + Persistence, willingness to “give it a go”, application.

### **Lichen**

- For releasing the etheric body, letting go after death.
- + Good for space clearing and after sudden death.

### **Little Flannel Flower**

- Denial of the ‘child’ in the personality, seriousness.
- + Playfulness, joy, ability to have fun.

### **Macrocarpa**

- Tired, exhausted, drained, jaded, and worn out.
- + Renews enthusiasm, energy, vitality, inner strength, endurance. Helps when convalescing.

### **Mint Bush**

- Spiritual trials and tribulations, despair, overwhelm.
- + Calmness, ability to move on, readiness for initiation.

### **Monga Waratah**

- Co-dependency, feeling weak and needy, disempowerment.
- + Strength to break out of the situation. Helps you reclaim your spirit.

### **Mountain Devil**

- Hatred, anger, jealousy, holding of grudges, suspiciousness.
- + Unconditional love, forgiveness, happiness.

### **Mulla Mulla**

- Distress associated with exposure to fire, heat and sun. Burns, fevers.
- + Reduces the effects of fire and the sun’s rays, pain from hot flushes. Use during radiation therapy, before and during x-rays.

### **Old Man Banksia**

- Disheartened, weary, low in energy, sluggish, low thyroid activity
- + Ability to cope with whatever life brings, renews enjoyment and interest in life; brings energy and enthusiasm.

### **Paw Paw**

- Problems with assimilation of new ideas. Feeling overwhelmed or burdened by information and decisions.
- + Focus and clarity, calmness, assimilation of new ideas.

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### **Peach Flowered Tea Tree**

- Mood swings, lack of commitment, easily bored, hypochondria.
- + Balance, responsibility for own health, commitment to projects.

### **Philotheca**

- Excessive generosity, inability to accept acknowledgement.
- + Ability to accept praise, acknowledgement and love.

### **Pink Flannel Flower**

- Unhappy, taking for granted, seeing life as dull, easily annoyed, lack of joy and appreciation for life.
- + Gratefulness, being appreciative, open hearted, joie de vivre, lightness of being, heart intelligence.

### **Pink Mulla Mulla**

- Deep hurt, isolation, guarded, feeling blocked.
- + Overcoming obstacles, opening up, forgiveness.

### **Red Grevillea**

- Feeling stuck, affected by criticism, reliant on others.
- + Strength to leave unpleasant situations, boldness.

### **Red Helmet Orchid**

- Rebelliousness, selfishness, problems with authority, father issues.
- + Helps father/child bonding, sensitivity, respect.

### **Red Lily**

- Vagueness, indecisiveness, daydreaming, head in the clouds.
- + Ability to access the higher self while staying grounded and living in the present.

### **Red Suva Frangipani**

- Turmoil, emotional upheaval, acute sadness and grief.
- + Feeling calm and nurtured, acceptance, equanimity.

### **Rough Bluebell**

- Openly malicious, lack of concern for others' feelings.
- + Unconditional love, openness, compassion.

### **She Oak**

- Distress associated with infertility, female imbalances.
- + Emotionally open to conceiving, great hormonal support.

### **Silver Princess**

- Aimless, despondent, feeling flat, lacking life direction.
- + Life purpose and direction, motivation,

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### **Slender Rice Flower**

- Racism, narrow mindedness, comparison with others.
- + Co-operation, humility, appreciation of beauty in others.

### **Southern Cross**

- Victim mentality, poverty consciousness.
- + Personal power, positive attitude, responsibility for self.

### **Spinifex**

- Sense of being a victim to illness.
- + Empowers one to heal through emotional understanding of illness.

### **Sturt Desert Pea**

- Deep hurt, emotional pain, sadness.
- + Releases sad memories, allows one to let go.

### **Sturt Desert Rose**

- Guilt, low self-esteem, easily led.
- + Allows one to follow own inner convictions and morality.

### **Sundew**

- Disconnected, split, lack of focus.
- + Concentration, attention to detail, grounded, focused.

### **Sunshine Wattle**

- Struggle, stuck in the past, expectation of a grim future.
- + Optimism, acceptance of beauty and joy in the present.

### **Sydney Rose**

- Separation, disconnection, yearning for spiritual union.
- + Unconditional love for humanity. We are all one.

### **Tall Mulla Mulla**

- Feeling scared, lack of interaction with others, feeling unsafe.
- + Feeling secure with people, comfortable with social interactions.

### **Tall Yellow Top**

- Alienation, loneliness, isolation.
- + Sense of belonging.

### **Turkey Bush**

- Creative block, disbelief in own creative ability.
- + Inspires creativity, renews artistic confidence.

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### **Waratah Black**

- Despair, hopelessness, inability to respond to crisis. Eye problems.
- + Courage, tenacity, faith, adaptability, enhances survival skills.

### **Wedding Bush**

- Difficulty with commitment in relationships. Commitment in relationships, dedication to life purpose.

### **Wild Potato Bush**

- Sense of being weighed down and encumbered, especially by the physical body.
- + Freedom to let go and move on in life.

### **Wisteria**

- Women who feel uncomfortable with sex and sexuality. Closed sexually. Issues arising from sexual abuse.
- + Fulfilling sexual relationships, sexual enjoyment and openness.

### **Yellow Cowslip Orchid**

- Critical, judgmental, bureaucratic.
- + Humanitarian concern, impartiality